

# NEW PERFECTION KITCHEN PRIMER

LESSON 2



## LITTLE JOHNNY SMILES

Why is little Johnny pleased?  
Because he doesn't have to fill the coal-hod any more.  
Is that all?

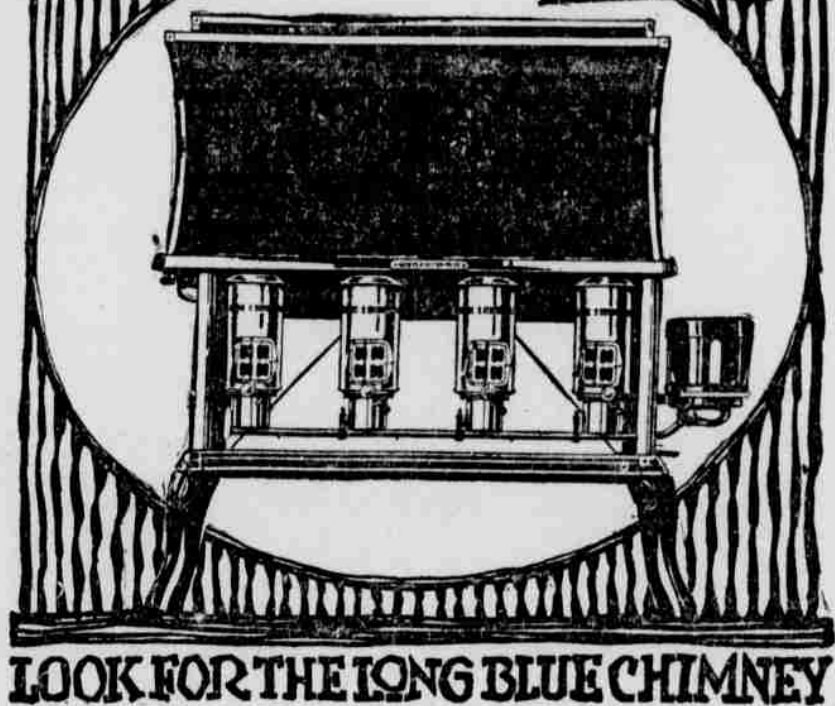
No. He doesn't have to fill the wood-box any more either, nor empty the ashes. You see, Johnny's mother has bought a New Perfection Oil Cook Stove. Instead of coal or wood, she burns Socony Kerosene Oil, and it costs her only six cents a day to cook for a family of six.

How nice for Johnny!

Look for the long blue chimney burner—that's what makes the New Perfection efficient and trouble-proof. The 1916 models have the new patented reversible glass reservoir and many other improvements. Sold in 1, 2, 3- and 4-burner sizes (by hardware, furniture and general stores) everywhere.

STANDARD OIL COMPANY OF NEW YORK

Principal Offices  
New York Albany  
Buffalo Boston



LOOK FOR THE LONG BLUE CHIMNEY

### HOT WAVE SPREADING

But Cooler Weather Is Predicted in Lake Region and Eastern New York.

Washington, Aug. 1.—After breaking several heat records in the western upper lake region, the hot wave yesterday had spread into the middle and south Atlantic states. An area of high pressure coming from the Canadian Northwest and moving southeastward caused an appreciable fall in temperature through the

upper Mississippi valley and the north and west upper lake region.

Cooler weather was predicted by weather bureau officials in the lake region and eastern New York, but elsewhere in the East and in the Ohio valley and the South the heat wave will maintain torrid temperatures.

Milwaukee, Wis., Aug. 1.—A fall in temperature from 102 degrees at 4 o'clock Sunday to 73 at 8 o'clock yesterday morning was the official record at the Milwaukee weather bureau.

Deaths from the heat in Milwaukee Sunday numbered 31.

### Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## \$56,000,000 FOR SHELLS

Immense Total in the Allies' New Commitments

\$40,000,000 FOR SHELL ACCESSORIES

Orders Reach Manufacturers in New England

Pittsburg, Pa., Aug. 1.—War orders dominate the steel market. The American Car & Foundry company and other makers of munitions under last year's contracts have closed new commitments and are in the market for steel. The amount of the contracts is reported to total \$56,000,000. In addition to these orders, it is reported contracts for fuses and other shell accessories to New England manufacturers aggregate about \$40,000,000.

Last week's contracts in shells are believed to be only a forerunner of much larger business. Steel men believe that close to \$50,000,000 will be spent in this country for shells and arms by the allied nations before the end of June, 1917. "There has been more activity among shell buyers since June 1 than in all the spring months together," said one trade authority. "There are shell orders, powder and alcohol contracts, rifle orders, and clothing purchases under negotiations which amount to a tremendous total, with others tentatively being discussed which may or may not come to anything, depending on the length of the war."

The deliveries on the 2,500,000 shells already closed run to the end of the first quarter of next year, and as more are being negotiated it is certain that makers of shell steel will have plenty of business offered to them. The contracts this year are running more to the larger heavy shells and fewer of the three-inch shells are being distributed to American plants. The British and French plants are turning out large quantities of three-inch shells but a great deal of the steel for these is or has been placed here.

### MEXICO ACTING AGAINST FOREIGN SHAREHOLDERS

Carranza Takes Step That Has Been Strenuously Fought By United States and Europe.

Washington, Aug. 1.—Foreign shareholders in Mexican companies, including the great oil corporations of the gulf coast, are required to give up their shares of their present citizenships by a decree just issued by General Carranza. This decree has long been under consideration and its promulgation has been delayed by strenuous protests from European governments, supported by the state department, on the ground that it constituted an unwarranted and unlawful transgression of the property rights of foreigners in Mexico.

### LODGE MAKES A PERSONAL APPEAL FOR CASEMENT

Massachusetts Senator Opposed the Senate Resolution Urging Wilson to Act as Improper.

Washington, Aug. 1.—A personal appeal in behalf of Roger Casement has been made by Senator Lodge, ranking Republican member of the Senate Republican foreign relations committee, who opposed as improper the Senate resolution requesting President Wilson to urge the British government to extend clemency to political offenders. It became known yesterday that Senator Lodge had made his appeal to Sir Cecil Spring-Rice, who transmitted it to the British foreign office.

### FRANCE ACQUIESCES.

In Offer to Permit Admission of American Relief Supplies Into Poland.

Washington, July 31.—Ambassador Sharp at Paris cabled the state department that France had acquiesced in the recent note of England offering to permit shipment of American relief supplies into Poland.

### AUSTRIAN EMPEROR HAD CHILL.

Francis Joseph Is Now Described as Being Very Ill.

London, July 31.—Emperor Francis Joseph of Austria caught a severe chill while inspecting his troops, says a Vienna dispatch to the Exchange Telegraph Co. His majesty is described as being very ill and confined to his bed.

### Railroads the Largest Consumers of Coal.

The railroads of the United States used 128,200,000 net tons of coal in 1915, or 24 per cent of the total output. The bituminous mines furnished 122,000,000 tons, or 28 per cent of their production, and the Pennsylvania anthracite region 6,200,000 tons, or seven per cent of its production. These figures are compiled by C. E. Leshar, of the United States geological survey.

The roads in the eastern district, defined by the interstate commerce commission as that portion of the United States lying north of Potomac and Ohio rivers and east of Chicago, Peoria, and St. Louis, used 56,500,000 tons of bituminous coal and 6,200,000 tons of anthracite, a total of 62,700,000 tons. The roads of the southern district, that territory south of the Potomac and Ohio rivers and east of the Mississippi, used 22,800,000 tons of bituminous coal, and the western roads consumed 43,500,000 tons.

## Topics of the Home and Household.

Rice, if washed in hot water instead of cold, is much more quickly cleansed and freed from all starch and dirt.

Never use peroxide to remove stains from clothing without rinsing at once, as it will eat a hole in the material.

A teaspoonful of flour added to the grease in which eggs are fried will prevent them from breaking or sticking to the spider.

Cauliflower should be put in plain water to draw out the insects. Salt placed in the water kills the insects and they remain on the vegetables.

### Putting Things Away for Summer.

This is the season when woolen garments, blankets and other household articles are packed away for the summer months. Newspaper is the housewife's best friend at this time, says the Christian Science Monitor. It is plentiful and at hand, and it shields from dust whatever is entrusted to it. After brushing and cleaning all garments, turning the pockets wrong side out to catch the shreds of dust there, fold them carefully and lay them in several thicknesses of newspaper. Tie the bundles carefully and lay them away in a trunk that has been wiped out with a damp cloth.

After the blankets have been washed, fold them and incase them in newspaper; then tie them up in a linen cloth and lay them away. If pillows that are not regularly used are well aired and put away in this fashion, they will keep in excellent condition.

In putting away brasses, grate fixtures, or other brass ornaments, it is wise to clean them thoroughly, then lightly smear each piece with lard. After this, they should be rolled in several thicknesses of newspaper and laid away in a dry closet. When removed from their wrappings in the fall, the pieces may be easily cleaned by immersing them in boiling water, then polishing with a dry, soft cloth.

Push or velvet draperies, after being well brushed and cleaned, should not be folded but carefully rolled on a wooden roller and wrapped in several thicknesses of newspaper. The roller should be at least eight inches in diameter and preferably hollow. The ends should be tightly covered after the curtains have been rolled.

### Selected Recipes.

A Christian Science Monitor reader who has tested the following recipes and found them worthy of being added to the housewife's scrap book, sends them in for the benefit of other readers:

**Salmon Loaf**—Remove the bones and skin from one can of salmon. Add two tablespoons of melted butter, two-thirds of a cup of milk, a pinch of salt and a dash of pepper, and stir together with the salmon. Then add the beaten yolks of two eggs, two-thirds of a cup of bread crumbs, and the juice of half a lemon. Finally, fold in the whites of the two eggs, beaten stiff. Put in a well-buttered mold and steam for one hour, covered. Then put in a hot oven for 15 minutes to brown. Serve with Hollandaise sauce, made as follows:

Cream together a quarter of a cup of butter and one rounding teaspoon of cornstarch. Add a half saltspoonful of salt and a dash of pepper, stir the cornstarch, salt, pepper, mustard and sugar together, add the melted butter and stir until well blended. Then add the vinegar which has been heated. Stir all together and pour slowly into the beaten milk and eggs. Cook for ten minutes in a double boiler. Beat well with egg-beater while cooking. This will make a pint and will keep a long time if kept in a cool place. If a little is added to whipped cream, it is delicious for any kind of salad.

A spice cake, that is particularly good is made by using one and one-half cups of sugar, a quarter cup of butter, three well beaten eggs, two teaspoons of cinnamon, a half teaspoon of cloves, a quarter of a nutmeg, one cup of sour milk, a half teaspoon of soda, three teaspoons of baking powder, one cup of raisins, one cup of currants, and two cups of flour. For white cake, cream a half cup of butter and one cup of powdered sugar, adding the sugar part at a time. Beat well. Sift three quarters of a cup of flour and four teaspoons of baking powder three times, and add a small portion to the butter and sugar; then add a part of a half cup of milk. Alternate the flour and milk until all are used. Beat well, and add a third of a teaspoon of vanilla and two thirds teaspoon of lemon juice. Then fold in a half cup of nut meats, and the whites of three eggs which have been beaten stiff. Bake in a sheet or layer. When cool, spread with plain boiled white icing, or chocolate icing.

Bran muffins close this reader's contributions. The recipe calls for two eggs, two tablespoons of sugar, a quarter teaspoon of salt, one scant cup of milk, one cup of bran, one cup of white flour, four level teaspoons of baking powder, and three tablespoons of melted butter. Beat the eggs, add the sugar and salt and the milk. Beat well and add the bran, the flour and the baking powder. Again beat well, and fold in the melted butter. Bake in well buttered gem pans for 25 or 30 minutes. This will make a dozen muffins.

### Quick Recipes.

The following recipes were taken from an article in the New York Times: Graham Quick Bread—Sift into a mixing bowl one cupful of wheat flour and three heaping tablespoonsful of baking powder. Add one teaspoonful of salt, two cupfuls of graham flour, one tablespoonful of molasses and one well beaten egg, mixed with sufficient cold milk to form a stiff cake batter. (The exact quantity of flour and milk is hard to give, as the thickening properties of flours vary.) Beat the batter hard until it is full of air bubbles, turn into a well-greased bread pan and steam in a warm place for 30 minutes. Bake in a

moderately hot oven for 35 minutes. This quantity makes one medium-sized loaf. If fruit and nuts are added, the oven should be quite so hot and the bread should bake a little longer.

**Oatmeal Bread**—Boil half a pint of oatmeal in one and one-half pints of salted water for one hour. (Cooked oatmeal may be also utilized, but be careful that it is free from lumps.) When cooked, add two heaping teaspoonsful of baking powder, and one pint of cold milk, mix well and set aside until cold. Then place in a bowl, beat hard and add one and one-half pints of flour that has been sifted with one teaspoonful of salt and three teaspoonsful of baking powder. Stir the batter, which should be rather thick, until very smooth and bake in a greased pan for 45 minutes.

**Norwegian Bread** (for dyspeptics)—The ingredients required are one pint of barley meal, half a pint of graham flour, half a pint of wheat flour, one teaspoonful of salt, two heaping teaspoonsful of baking powder, and one pint of cold milk. Sift together all the dry ingredients, and add the milk gradually to them, with two tablespoonsful of melted butter. Beat hard as the batter thins to the right consistency and bake in a well greased pan 40 minutes.

**Rye Bread**—Sift together one pint of rye flour, half a pint of wheat flour, half a pint of Indian cornmeal, two teaspoonsful of baking powder, one teaspoonful of salt, two heaping teaspoonsful of baking powder, and one pint of cold milk. Sift together all the dry ingredients, and add the milk gradually to them, with two tablespoonsful of melted butter. Beat hard as the batter thins to the right consistency and bake in a well greased pan 40 minutes.

**Brown Bread with Baking Soda**—The first formula given for quick graham bread may be made with the same proportions, save that one teaspoonful of baking soda is used with three-quarters of a cupful of well-soured milk, in place of the sweet milk and baking powder; chopped nuts and raisins may also be added to this formula.

Dorothy Dexter.

**A Question of Beauty**  
is always a question of complexion. With a perfect complexion you overcome nature's deficiencies.

**Gouraud's Oriental Cream**  
renders the skin a clear, refined, pearly-white appearance—the perfect beauty. Healing and refreshing—Non-greasy.

Sund 10c. For trial size  
FEB. T. HOPKINS & SON, 37 Great Jones St., New York

**SALLOW SKIN**  
is one of the greatest foes of womanly beauty. It is quickly cleared by correcting the cause—sluggish liver—with the aid of the gently stimulating, safe and dependable remedy—

**BEECHAM'S PILLS**

Largest Sale of Any Medicine in the World.  
Sold everywhere. In boxes, 10c., 25c.

# The Whole Family Would Enjoy This

GET your mind off the butcher, the baker and the rent collector. Pull yourself out of the daily grind—and with a few days' let up, a few deep breaths and a short rest, you will get back into the harness FRESHER, and you'll feel better for it. The Community Chautauqua will give you a chance for a little easing up these hot summer days. Knock off some of the work and get under the tent for a good physical and mental bracer.

### Brought Right to Your Door

AND there's the family too. Traveling in hot weather isn't altogether pleasant, but a vacation BROUGHT RIGHT TO YOUR DOOR isn't bad, is it? The big music of this five day festival of music ought to appeal to them. And if they "never liked lectures" the Chautauqua's got a surprise for them! And then there are the entertainment numbers, all these ten great programs for a few cents each. Remember a season ticket cuts the cost in half, and a season ticket bought now costs 25 cents less than it will cost a little later.

The Junior Chautauqua promises a world of delights for the boys and girls. It will be in the forenoons, and they will play games, have story telling hours, athletic events and a host of things that will keep them busy and happy every minute.

### A Whole Family and Community Affair

THE Chautauqua is essentially an affair for the whole family and the entire community. The committee's hope is to make it an event of special interest to father, mother and the "kiddies." There are numbers on the program that will have a special appeal to the business man, the farmer, the lawyer, preacher, doctor, manufacturer, the clerk, the laboring man and the bank president. The mother will find many features especially helpful, and the boys and girls will get a little different look at life through these great inspirational numbers. And there will be entertainment for every one.

A handsomely illustrated program booklet has been issued that gives full particulars, prices of tickets, description and list of talent and the program for each day.

Wouldn't it be a fine thing to give yourself and the family a five day treat right here at home? Then get season tickets and attend the

# COMMUNITY CHAUTAUQUA

At Barre Beginning August 2d

### The Fortune of An Architect

By ELINOR MARSH

Margaret Midway early developed a taste for art, and at twenty she decided that instead of waiting for a husband she would be the architect of her own fortune. She planned to be a decorator. Indeed, being an orphan with nothing to live on, it was necessary for her either to support herself or marry some man to support her.

That Margaret was naturally of an independent disposition is evident from the fact that she rented a cottage, in which she proposed to live alone and have her office.

One day a young man appeared on the premises and seemed to be looking them over. Margaret went out and asked him if he was thinking of buying the property. The man looked at her admiringly, for she was a pretty girl, and replied that he was considering whether it could not be fixed up and used for residential purposes. He said that he was an architect.

"And I am a decorator," said the girl.

"Indeed! In that case we might work together."

"Do you represent the owner?" she asked.

"Yes. I'll confer with him, and if he will employ me to repair and make additions to the house and give you the decorating job we may make something out of it."

He went away, leaving Margaret to think of the matter. She paid a nominal rent and if she could make a few hundred dollars by decorating the house it would pay her to find another home. But she was thinking more of the young man than the job. He had a very pleasant way with him, and his smile was quite engaging. The next day he came back and said that he had made an arrangement with the owner for fixing up the property. He was to spend \$3,000 on it and receive \$500 for his services. He would pay Margaret half his fee if she would design and superintend the decorations. Margaret was very well pleased to make a fee of \$250 and assented to the proposition.

The young man had brought with him drawings of the alterations to be made, and the two sat down together to consider the decorations. Margaret occupied a wing of the house which was to be turned into a kitchen and servants' rooms, but this was to be done last and she need not be disturbed till the rest was finished, and then she could move to another part of the house till the property was occupied by permanent tenants. The architect said that probably the owner would occupy it himself.

In a few days a permit to make alterations was tacked up on the front porch; then a load of building materials was dumped in the front yard;

then masons and carpenters came and went to work. Margaret, meanwhile having the plans before her, arranged for the decorations. The architect came every day to see that his orders were being carried out and never failed to consult Margaret as to how this would serve or that would serve, and she never failed to ask his opinion as to what color would best go in this room or that room, and the contractor, who was there a good deal himself, wondered how the two could spend so much time over one job while he was building a dozen houses, providing everything himself and bossing each job. They would go into the living room, which was not disturbed, place the plans on a table and sit over them sometimes a couple of hours at a time.

"If that architect," said the contractor, "spends as much time with the decorator of every building he designs as with this little job I'm afraid he'll not get through many jobs."

When the contractor had finished all but the servants' quarters Margaret moved out of her little bare room into sumptuous quarters. She asked the architect when the owner would come to inspect the work and was informed that he had been there a number of times already. Margaret wondered at this, for she had not seen him. But she was informed that he was well pleased, especially with the decorations, and this satisfied her.

The work was finished at last, and architect and decorator one afternoon went through the house and grounds together.

"It's all so pretty," said Margaret, "that I feel like crying at leaving it."

"You don't need to leave it," was the reply.

"What do you mean?"

"I am the owner of this place. I came here one day to look it over with a view to fixing it up to sell it. I saw you, and it occurred to me to fix it up for myself—that is, if I could get you to share it with me. What do you say?"

This proposition was not unexpected, but the rest of it was a surprise indeed. Margaret caught her breath, the architect caught her in his arms, the architect of her own fortune was happy in being, as he expressed it, the fortune of the architect.

One day after they had been married some time and the wife wanted some pin money she put her arms lovingly around her husband's neck and, looking unutterable things at him, said:

"Dear, you never paid me for decorating our home."

"Well, I'll be jingled!" replied the husband. And he straightway drew a check for the amount.

"Survival of the Fittest."

A proprietary medicine like everything else that comes before the public has to prove its merit. It has to meet competition. The law of the "survival of the fittest" applies to this as to other things. The fact that Lydia E. Pinkham's Vegetable Compound after 40 years of success is still one of the largest sellers proves that it is a dependable, standard remedy for the ailments of womanhood, and one in which they may have perfect confidence.—Adv.